

KEY

Start Kids Start Water M1 Mile Marker Beast Course Sprint Course Festival Area
Finish Kids Finish Obstacle Ultra Course Super Course 10K Trail Parking/Shuttle

OBSTACLE GUIDE

- 1 OVER WALLS (4' WALLS)
- 2 HERCULES HOIST
- 3 MONKEY BARS
- 4 HURDLES
- 5 SPEAR THROW
- 6 CRAFT A-FRAME CARGO
- 7 MULTI-RIG
- 8 SANDBAG CARRY
- 9 BARBED WIRE CRAWL
- 10 BUCKET CARRY
- 11 VERTICAL CARGO
- 12 Z-WALL
- 13 ROPE CLIMB
- 14 ATLAS CARRY
- 15 6' WALL
- 16 TWISTER
- 17 BEATER
- 18 SANDBAG CARRY #2
- 19 THE BOX
- 20 7' WALL
- 21 8' WALL
- 22 TYROLEAN TRAVERSE
- 23 PIPE LAIR
- 24 OLYMPUS
- 25 STAIRWAY TO SPARTA
- 26 BENDER
- 27 PLATE DRAG
- 28 INVERTED WALL
- 29 HELIX
- 30 SLIP WALL
- 31 FIRE JUMP

