

KEY

Start	Obstacle	Water	Beast Course	Mile Marker	Spectator Access
Finish	Penalty Loops	Pack Refill	Ultra Course	Festival Area	Spectator Path

OBSTACLE GUIDE

- 1 HURDLES
- 2 OVER WALLS (4' WALLS)
- 3 LAZARUS NATURALS Z-WALL
- 4 BUCKET CARRY
- 5 BENDER
- 6 SPEAR THROW
- 7 TWISTER
- 8 ARMER
- 9 MULTI-RIG
- 10 SANDBAG CARRY #2
- 11 PLATE DRAG
- 12 CRAWL TUBES
- 13 TYROLEAN TRAVERSE
- 14 BEATER
- 15 BARBED WIRE CRAWL
- 16 SLIP WALL
- 17 USANA ATLAS CARRY
- 18 SANDBAG CARRY
- 19 MONKEY BARS
- 20 INVERTED WALL
- 21 7' WALL
- 22 8' WALL
- 23 STAIRWAY TO SPARTA
- 24 VERTICAL CARGO PLUS
- 25 CHAMPIONSHIP SANDBAG CARRY
- 26 THE BOX
- 27 PIPE LAIR
- 28 HELIX
- 29 CRAFT A-FRAME CARGO
- 30 YOKOHAMA TIRE FLIP
- 31 OLYMPUS
- 32 ROPE CLIMB
- 33 FITAID HERCULES HOIST

